

The mission of the Washington State Evidence Based Practices Institute is to improve the health and well-being of children, families, and adults served by the mental health, chemical dependency, child welfare, and justice systems. **We accomplish this mission** by implementing, supporting, and informing effective interventions, training, and collaborative research.

Core Functions

The EBPI accomplishes its mission through:

Effective Services and Supports

The EBPI provides or supports interventions such as:

- **Multisystemic therapy (MST)**
- **Family Integrated Transitions (FIT)**
- **Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)**
- **Assertive Community Treatment (PACT)**
- **Wraparound**
- **Parent Empowerment Program (PEP)**

Statewide workforce development

Through training for students in psychiatry, psychology, social work, nursing, early childhood, pediatrics, and other disciplines

Consultation

- To **primary care physicians** on medication use for children (*The Partnership Access Line*)
- To **social workers** on effective mental health treatments for children on their caseloads (*Project FOCUS*)
- To **communities and tribal nations** on identifying and implementing evidence based treatments (*Partnerships for Success, Models for Change*)

Policy Development

The EBPI works closely with state agencies to:

- **Identify and implement effective programs**
- **Incentivize provider use of evidence-based practices**
- **Support youth and families to be leaders of a transformed mental health system**

Research and Accountability

The EBPI monitors statewide performance of the children's mental health, substance abuse, and justice systems, and has conducted dozens of evaluations of state and local programs and initiatives in these and other areas

EBPI Infrastructure

To conduct its core functions, the EBPI relies upon:

A Board of Youth and Family Advisors

Provides guidance, sets priorities, and reviews products and strategies to ensure quality of our work and relevance to consumers, youth, and families

A National Community of Practice

The EBPI is connected to developers of empirically supported treatments and other leading scholars and advocates nationwide

Effective Communication

Including regular statewide forums as well as a website that provides access to information and materials plus opportunities for state stakeholders to share information and network

Direct Relationships with State Decision-Makers

The EBPI is charged through state legislation to serve as a resource to Washington State.

Core Faculty and Staff

The EBPI is housed in the UW Medical School. It is led by over a dozen faculty members with nationally renowned expertise in service delivery for individuals with complex needs